

# Lunch Menu

# NEW PALTZ CENTRAL SCHOOL DISTRICT

February 2023

Our Vision: students, staff, families, and community members are CITIZENS OF THE WORLD, PASSIONATE ABOUT LEARNING AND EMPOWERED to achieve their dreams.

## Monday

Offered daily. 1%, fat free and chocolate skim milk; all are antibiotic and BGH free

**We offer local fruits and vegetables.**

(V) designates Vegetarian option. (P) designates Pork product. (N) designates New item. We offer whole wheat/whole grain products

## Tuesday

Due to USDA regulations, students will be required to take a fruit or vegetable as part of their lunch meal.

This institution is an equal opportunity provider and employer.

**\*\*Menu is subject to change.\*\***

## Wednesday

## Thursday

## Friday

6

General Tso Chicken  
Asian Rice  
Asian Vegetables

Alt. Ham and Cheese, HS Italian Combo Panini

7

French Toast Bites (V)  
Sausage (P)  
Potato Gems

Alt. Chicken Salad, HS Italian Combo Panini

1

Grilled Cheese(V)  
Ham (P) Optional  
Tomato Soup  
Carrot Sticks

Alt. Salami and Cheese, HS Italian Combo Panini

2

Walking Taco (N)  
Brown Rice  
Beans  
Seasoned Corn

Alt. Egg Salad, HS Italian Combo Panini

3

Stuffed Crust Pizza(V)  
Romaine Salad  
Fruit Juice

Alt. Bologna and Cheese, HS Italian Combo Panini

13

Chicken Nuggets  
w/ Dipping Sauce  
Green Peas  
Biscuit w/Butter

Alt. Bologna and Cheese, HS Chicken Ranch Panini

14

Mozzarella Sticks (V)  
w/ Marinara Sauce  
Green Beans  
Breadstick

Alt. Turkey Salad, HS Chicken Ranch Panini

15

BBQ Shredded Turkey Cheddar Melt (N)  
Steamed Carrots

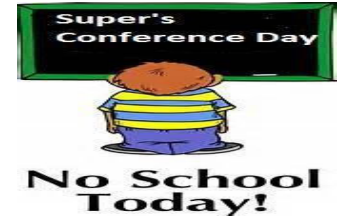
Alt. Egg Salad, HS Chicken Ranch Panini

16

Stuffed Crust Pizza(V)  
Romaine Salad  
Fruit Juice

Alt. Salami and Cheese, HS Chicken Ranch Panini

17



20



21

Stuffed Pizza Pocket  
w/Marinara Sauce  
Celery Sticks

Alt. Turkey and Cheese, HS Chicken Ranch Panini

22

Double Egg & Cheese on a Hard Roll (V)  
Hash Brown Patty

Alt. Chicken Salad, HS Chicken Ranch Panini

23

Nachos w/Cheese(V)  
w/Chili & Salsa  
Seasoned Corn  
Brown Rice  
Refried Beans

Alt. Tuna Salad, HS Chicken Ranch Panini

24

Stuffed Crust Pizza(V)  
Romaine Salad  
Fruit Juice

Alt. Roast Beef, HS Chicken Ranch Panini

27

Teriyaki Chicken & Broccoli (N)  
Brown Rice



Alt. Ham and Cheese

28

Double Cheeseburger  
Alt. Veggie Burger (V)  
French Fries  
Seasoned Carrots

Alt. Turkey Salad

